## THE CANADIAN COURAGE PROJECT ANNUAL REPORT



#### WHO WE ARE

Canada's first non-profit organization to support youth facing homelessness and their animal companions transitioning out of shelters into independent housing.

Based in the Greater Toronto Area, we strive to promote the mental well-being of youth through mindfulness, education and resources.









## WHAT WE DO

- 1) Programs: Mental Health Workshops
  - a) Art & Mindfulness Workshop
  - b) Be There Advocacy Workshop
- 2) Community Initiatives:
  - a) Community Libraries
  - b) Animal Stations
  - c) Community Pantry
  - d) Wellness Departure Kits

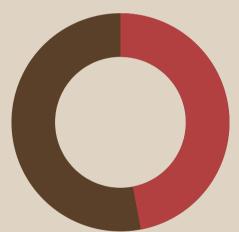
#### **75** Mental Health Workshops Facilitated







**40** Art & Mindfulness Workshops



## 35

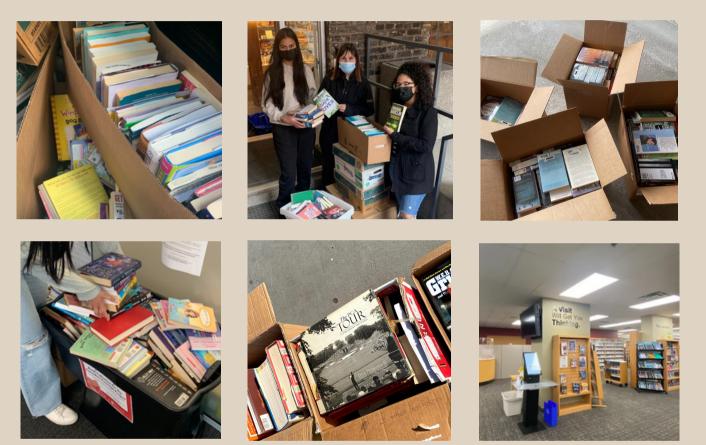
Be There Workshops with jack.org







#### 7 Community Libraries Created in partnership with Blue Door with over 300 books donated!



#### **Contributing Partners**



MARKHAM PUBLIC LIBRARY





#### **Community Libraries are at:**





evas

#### Animal Station Launched at INNClusion house







#### Community Pantry Created with Good Food Impact in Stouffville, Ontario







Thanks to AEO Foundation's Community Grant Program and Canada Summer Jobs

#### **Grants Received**

AEO Foundation, Canada Summer Jobs, Cotiviti Cares & Whitchurch-Stouffville Legacy Fund

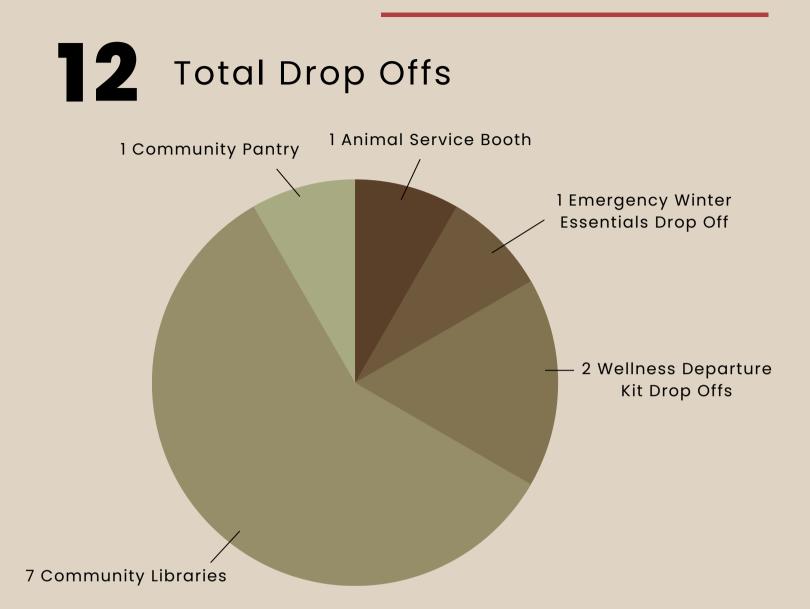
#### **TO** Full-time Employees with Canada Summer Jobs

#### University Chapters Launched



CCP chapters are made up of university students who are passionate about our mission, want to make a difference in their community, and who raise awareness on behalf of our organization





We are looking forward to impacting more youth in 2023 with our up and coming initiatives - our animal service booths and community pantries. We are also creating new workshop material to support youth across Canada! Stay tuned for what's to come in 2023!



@thecanadiancourageproject



@canadiancourageproject



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#### **OUR PARTNERS**

#### FOUNDATIONAL PARTNER

Through our partnership with jack.org, we aim to promote mental health and wellbeing via our workshops that are presented in shelters for youth facing homelessness across Ontario.

# jack.org

## CHARITABLE TRUSTEE

BLU DOOR Blue Door is the largest emergency housing provider in the York region, and provide life saving support to children, youth, men, women, and families at risk of/or experiencing homelessness.

Our partnership with Blue Door has allowed us to create several successful initiatives, such as our Communities Libraries and Animal Stations.

#### GRANT FUNDING HIGHLIGHT

We successfully secured funding from the AEO Foundation's Community Grant Program for **\$10,000** to build and expand our animal care service booths in shelters across Ontario.



We are so thankful for all our partners, collaborators and donors, we would not be here without you. And to our wonderful volunteers and staff, YOU helped us make the impact we did this year. Thank you.

#### THANK YOU FOR YOUR SUPPORT